

COPE eNewsletter

C i t i z e n s O r g a n i z e d t o P r e p a r e d f o r E m e r g e n c i e s

BE INFORMED

Volume 3 Issue 5

May 2014

Learn what protective measures to take before, during, and after an emergency

MYTH: I DON'T NEED TO WORRY ABOUT DISASTERS WHERE I LIVE.

Emergency preparedness is not only for Californians, Midwesterners and Gulf Coast residents. Most communities may be impacted by several types of hazards during a lifetime. Americans also travel more than ever before to areas with different hazard risks than at home. Knowing what to do before, during and after an emergency is a critical part of being prepared

and may make all the difference when seconds count.

BASIC PROTECTIVE MEASURES FOR ALL HAZARDS

Some basic protective actions are similar across many different hazards: Physical safety is a concern for all hazards and may involve sheltering or evacuating. Develop a family communications plan. Make an emergency supply kit to be prepared for any type of disaster. Learn about receiving emergency alerts and local emergency plans for shelter and evacuation, local emergency contacts, and local advance alerts and

warnings.

When recovering from a disaster, safety as well as mental and physical well-being must be considered.

DISASTER SPECIFIC PREPAREDNESS

There are important differences among potential emergencies that should impact the decisions you make and the actions you take. How to plan with your household and prepare in advance so you are ready. Signs of hazardous events that come with very little warning. How to protect your household during the disaster.

Inside this issue:

Traveling 2

Radio Communicators Corner 3

Non-Emergency and Contact Information 4

continued on Page 3

TO GO BAGS FOR SENIORS

Following a recent 'Show and Tell' presentation I did at Lamplighter Mobile Home Park, COPE leaders liked the small string bag to use as a "To-Go" bag for their residents. The COPE leaders approached their

Home Owners Association who gave them permission to purchase these bags and distribute them to residents. The leaders will also find donations to get residents started with packing their To-Go bags.

Many thanks go out to the Lamplighter COPE leaders: Peg, Chris, Carolyn, Dina, Judy, Karen, and Lisa, the Safety & Security Team, Bob and Kent; and Phil, KF6GNH for covering the Ham Radio duties.



**City of Santa Rosa
Fire Department
Administrative
Offices
2373 Circadian Drive
Santa Rosa, Ca
95407**

**We're on the Web!
www.srcity.org/cope**

Be Prepared For Emergencies While Traveling



**Ready.gov
Traveling Video
Worth Watching.**

[http://
www.fema.gov/
media-library/
assets/
videos/77777](http://www.fema.gov/media-library/assets/videos/77777)

With Santa Rosa only thirty minutes drive from the coast, many of our residents enjoy a leisurely drive 'out to the coast'. If an earthquake should happen resulting in a tsunami, would you be prepared and know what to do? Are you aware that Dillon Beach has tsunami warnings? Our coastal communities are well prepared for themselves, but their big concern is for visitors who do not know their plan and how to react.

Dillon Beach on Marin County's north coast is unique, not only in its beauty, but also in its susceptibility to natural disasters—earthquake, tsunami and fire being of particular concern. The town looks out on the San Andreas Fault that runs parallel to the beach. Parts of the community lie within a designated tsunami zone. Go to <http://www.getreadydb.com/> and learn more about their emergency preparedness.

Earthquake-induced movement of the ocean floor most often generates tsunamis. If a major earthquake or landslide occurs close to shore, the first wave in a series could reach the beach in a few minutes, even before a warning is issued. Areas are at greater risk if they are less than 25 feet above sea level and within a mile of the shoreline. Drowning is the most common cause of death associated with a tsunami. Tsunami waves and the receding water are very destructive to structures in the run-up zone. Other hazards include flooding, contamination of drinking water, and fires from gas lines or ruptured tanks

All tsunamis are potentially dangerous, even though they may not damage every coastline they strike. A tsunami can strike anywhere along most of the U.S. coastline. The most destructive tsunamis have occurred

along the coasts of California, Oregon, Washington, Alaska and Hawaii.

If you are a tourist, familiarize yourself with local tsunami evacuation protocols. You may be able to safely evacuate to the third floor and higher in reinforced concrete hotel structures.

If you are in your vehicle, get inland and to high ground as fast as possible.

If an earthquake occurs and you are in a coastal area, turn on your emergency radio to learn if there is a tsunami warning.

[http://www.nws.noaa.gov/
nwr/resources/nwr.pdf](http://www.nws.noaa.gov/nwr/resources/nwr.pdf)

EUREKA	162.400
FRESNO.....	162.400
LOS ANGELES	162.550
MONTEREY	162.550
PT. ARENA/UKIAH	162.550
SAN DIEGO	162.400
SAN FRANCISCO	162.400
SANTA ANA	162.450
SANTA BARBARA	162.400
SANTA BARBARA MARINE	162.475

Radio Communicators Corner

A huge shout out goes to Jefra Parlett, KK6DQF and John Hannum, KK6DQG for completing radio training for their 8 Neighborhood Leaders and for running a successful radio check 'net' in Vista del Lago. Following four months of training and practice, the VdL radio group concluded their program and is now ready to take part in a city wide radio test.

Again,
CONGRATULATIONS!

During the month of April three radio tests were accomplished from the City of Santa Rosa Emergency Operating Center (EOC) located in the

West side of Santa Rosa. The first and second tests were done with radio club officials from the Sonoma County Radio Amateurs (SCRA), Amateur Radio Emergency Service (ARES), the Amateur Communication Service (ACS), and the City of Santa Rosa EOC officials, and the third test was done with the COPE Radio Communicators.

Working from the EOC, Eric, AA6EM; Lee, KE6EAQ; Matt, KJ6LII; Pat, KB9NVN; Charlie, KZ6T; Craig, K6XLT; Bill, KH6GJV; tested radios on the SCRA repeater 147.315 +88.5 with great success. This test was done by having net control at

the EOC for the weekly SCRA check ins, and during the ACS check ins.

The third test came during the COPE Radio Net using simplex frequency 147.420. This simplex test reinforced that if repeaters are rendered useless following a disaster, this simple radio-to-radio line of communications will work from West Santa Rosa East to Oakmont.

The amateur radios for the fire stations and the EOC will hopefully be arriving soon and we will begin the installation process. Anyone who is interested in helping with the installation please contact lola or Lee.

Radios are tested.

Repeaters are tested.

Are we ready to rock 'n roll?

BE INFORMED

CONTINUED FROM PAGE 1

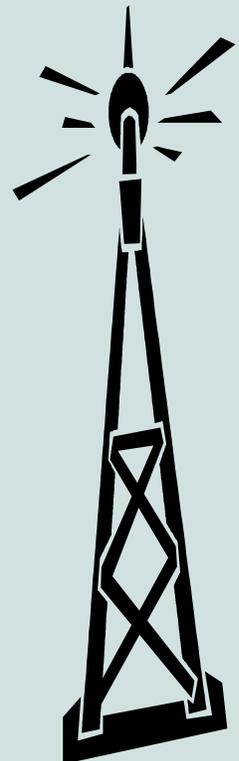
Begin recovery following the initial disaster. Learn this information for each type of disaster that could affect you:

- Natural Disasters
- Technological & Accidental Hazards
- Terrorist Hazards

- Pandemics
 - Home Fires
- Sources to aid in your research:

<http://www.ready.gov/be-informed>
<http://www.ready.gov/family-plan>

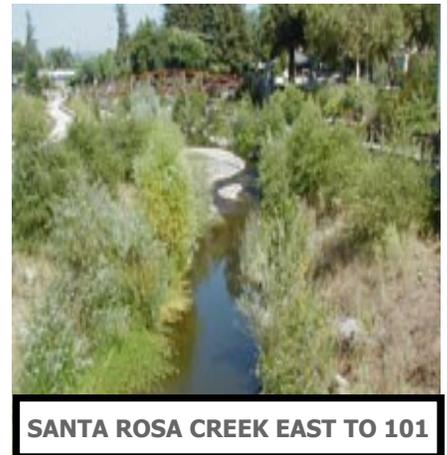
http://www.ready.gov/sites/default/files/documents/files/Family_Emegency_Plan.pdf
<http://www.ready.gov/kids/games>



Citizens Organized to Prepared for Emergencies

City of Santa Rosa Fire Department
Administrative Offices
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SANTA ROSA CREEK EAST TO 101

Non Emergency Numbers & Contact Information

City of Santa Rosa Police Department
(707) 543-3600

Fire Department
(707) 543-3500

Water Department
(707) 543-3805

Gas & Electric (PG&E)
(800) 743-5000

Telephone (AT&T)
(800) 288-2020

AT&T uVerse Video
(888) 320-2167

Comcast (CableTV)
(800) 266-2278

Transportation:

Road Closures

Sonoma County road closures

California Highway Information

CalTrans

Traffic Information

California Highway Information from the US Department of Transportation (DOT)

Traffic Incident Information

Department of California Highway Patrol (CHP)

Sheltering:

Sheltering in Place*

Chemical Agents:
Facts About Sheltering in Place from the Center for Disease Control (CDC)

Americal Red Cross

Sonoma and Mendocino County

Emergency Assistance Information

Information and Referral Services (County of Sonoma)

Evacuation:

Evacuation Facts

Chemical Agents:
Facts About Evacuation from the Center for Disease Control (CDC)



Santa Rosa Creek
A Street to 101